5. Enumerate the men and the women from 1 to $n$. We have $n$ ! possible pairing and each pair induces a distinct permutation $\pi \in S_{n}$ where $\pi(i)=j$ if $m_{i}$ and $w_{j}$ are paired. Now $S_{n}$ has a canonical representation as a group of matrices in $\mathcal{M}_{n}(\mathbb{R})$ given by $a_{i j}=\delta_{\pi(i) j}$, where $\delta$ is the kronecker function. Denote this matrix by $A_{\pi}$ and let $\mathcal{A}:=\left\{A_{\pi} \mid \pi \in S_{n}\right\}$. Let $P=\operatorname{conv} \mathcal{A}$. This polytope will be the one we use in the linear program. Now let $C \operatorname{in} \mathcal{M}_{n \times n}$, so that $C_{i j}$ is the profit of arranging $m_{i}$ and $w_{j}$. If we view this matrix as a vector in $R^{n \times n}$, then $C \cdot A_{\pi}$ is the profit made by the arrangement given by the permutation $\pi$ (here the product is the usual coordinate to coordinate dot product, not the matrix product). Thus what we want is to maximize $C$ in $P$. The set of vertices of $P$ is $\mathcal{A}$, because $A_{\pi}$ is maximized by itself in $P$. Thus we have the $V$ representation of $P$.
It remains to find the $\mathcal{H}$ representation of $P$. We claim that $X=\left(x_{i j}\right) \in P$ if and only if the following three conditions hold:
i. $x_{i j} \geq 0$ for $i, j \in[n]$
ii. $\sum_{j=1}^{n} x_{i j}=1$ for every $i \in[n]$
iii. $\sum_{i=1}^{n} x_{i j}=1$ for every $j \in[n]$

The last two conditions say that the rows and columns add up to 1 . That any point in $P$ satisfies the three conditions is obvious, because the vertices $A_{\pi}$ satisfy them and all of them are preserved by convex combinations. To prove the other direction we first prove another result.

Proposition 1: Let $X=\left(x_{i j}\right) \in \mathcal{M}_{n}(\mathbb{R})$ be a matrix that satisfies i., ii. and iii.. Then it is possible to place $n$ chess rooks on the board in such a way every rook lies in a coordinate with a positive number and no pair of rooks attack each other.
Proof: Consider a bipartite graph $G$ with left vertices equal to $m_{1}, m_{2}, \ldots, m_{n}$ and right vertices equal to $k_{1}, k_{2}, \ldots, k_{n}$ and where an edge is drawn from $m_{i}$ to $k_{j}$ if and only $x_{i j}>0$. The condition of the roots is equivalent to say that $G$ has a matching, thus we have to show that Hall's condition is satisfied. Let $\mathcal{B}$ be set of left vertices of size $k$ and let $\mathcal{C}$ be the set of right vertices that are connected to some element of $\mathcal{B}$. We have to show that $|\mathcal{C}| \geq k$. Note that for a vertex $m_{i}$ the sum of the numbers of numbers of the coordinates of the implied
edges is 1 (it is a complete row). It follows that the sum of the number of coordinates of the edges in $\mathcal{B}$ is $k$. If $\mathcal{C} \leq k-1$ the the sum of the numbers of the edges entering in $C$ is at most $k-14$ (ever column adds up to 1 ) and this is impossible since the implied edges are the same as for $B$ and by condition $\mathbf{i}$. Thus $|\mathcal{C}| \geq k$ as desired.
We proceed to show the the assertion by strong induction on the number of positive entries of $X$. For the base case note that there are at least $n$ non-zero entries in the matrix, and if there are $n$ then the matrix is $A_{\pi}$ for some $\pi$. Assume the result is true for all matrices with less that $k$ positive entries and let $X$ be a matrix that satisfies the three given conditions. By the proposition we can place $n$ non-attacking rooks on positive entries. Assume that $r$ is the least entry under a rook. Thus we have that $X \geq r A_{\pi}$ where $\pi$ is the permutation associated to the position of the rooks. Also $(1-r)^{-1}\left(X-r A_{\pi}\right)$ satisfies the three conditions and has less positive entries than $X$ (because the entry with an r goes to zero, and no position with a zero is changed), thus $(1-r)^{-1}\left(X-r A_{\pi}\right)$ is in conv $\mathcal{A}$. Also $X=(1-r)\left((1-r)^{-1}\left(X-r A_{\pi}\right)\right)+r A_{\pi}$ is a convex combination of elements in $\mathcal{A}$ and is therefore a member of $\mathcal{A}$, because $\mathcal{A}$ is convex.

